



GIGGLESWICK
SCHOOL

Early Years Lunch Menu Week 3

Monday

MENU THREE

Main Course

Spaghetti Bolognese &
Cheesy Garlic Bread

Or

Jacket Potato & Chefs Filling

Sides

Roast Baby New Potatoes
Mixed Vegetables

to Try Savoy Cabbage

Dessert

Chocolate Chip Sponge
Chocolate Sauce

Vegetarian Meals Available

Tuesday

Main Course

Breaded Chinese
Pork Chops

Or

Turkey Strips with
Med Veg, Olives & Pesto

Sides

Rice
Mixed Vegetable
to Try Roasted Cauliflower

Dessert

Toffee Apple Suet Pudding
& Vanilla Sauce

Vegetarian Meals Available

on Request

Friday

Main Course

100% Cod Fish Fingers

Or

Chicken Tikka Masala
& Rice

Sides

Chunky Chips
Garden Peas or Mushy Peas

Dessert

Lemon Meringue Squares
Vanilla Sauce

Vegetarian Meals Available

Wednesday

Main Course

Chicken, Prawn &
Chorizo Paella

Or

Beef & Vegetable Hot Pot

Sides

Anna Potatoes
Mixed Vegetables

to Try Red Cabbage

Dessert

Sticky Marmalade Pudding
& Custard

Vegetarian Meals Available

Thursday

Main Course

Spanish Lamb with Honey & Peppers
& Cous Cous

Or

Salmon & Broccoli Pasta Bake

Sides

Mixed Vegetables
to Try Spinach

Dessert

Pear & Blackberry Pie
Vanilla Sauce

Vegetarian Meals Available