

# Curriculum for Autumn Term 2018

Year: 1/2

Class: Ms Horsman



Subject	Activities
Literacy/ Numeracy/Topic Ms Horsman	<b>PLEASE SEE TOPIC WEB OVERVIEW</b>
P.E and Swimming Mr Ogilvie	<p><b>P.E. LESSONS</b></p> <p><b><u>Safety and Awareness</u></b> around the campus and road crossing  <b><u>Health Related Fitness – Speed, Agility and Quickness</u></b>  <b>Warming up:</b> ('My body is an Engine') – Basic understanding what our body is and how it works.</p> <ul style="list-style-type: none"> <li>• Why we warm up (Traffic lights) and warming down.</li> <li>• Knowledge of and Understanding of the body – bones, muscle, joints, connective tissue</li> <li>• Preparation physical and mental for the activity to be undertaken (general and specific).</li> <li>• How we warm up - Dynamic stretching building up speed and range of movement specific to activity.</li> <li>• How we warm down – Limbering down and static, prolonged stretching – pool sessions if available.</li> <li>• Effects of exercise on the body – short term, medium term, long term.</li> <li>• Multi-exercise circuit training – teaching technical skills, running, weaving, turning....</li> <li>• Speed, Quickness and Agility work – pathways - footwork, directional change and methods, obstacle courses and timed races.</li> <li>• Lifestyle Knowledge and Understanding – 'Healthy mind in a healthy body' – fitness for life</li> <li>• Spatial awareness.</li> <li>• Questions and answers – parts of the body and effects of exercise.</li> </ul> <p>Pupil to lead elements of warm up.</p> <p><b><u>Games skills</u></b></p> <ul style="list-style-type: none"> <li>• Using space</li> <li>• Ball skills – sending – pushing, throwing (over and underarm) – receiving by trapping/stopping, catching</li> <li>• Games together - teamwork</li> <li>• Games in competition - Small sides games – 1v1, 2v1.....</li> <li>• Concepts/basic tactical understanding and rules</li> </ul> <p><b><u>Swimming</u></b></p> <ul style="list-style-type: none"> <li>• Hygiene and Safety in and around the pool</li> <li>• Rules of the pool and building – recap.</li> <li>• Ability test in own depth – question pupils on previous experience.</li> <li>• Spatial awareness.</li> <li>• Developing confidence – Floatation, streamlining, breathing, stroke.</li> <li>• Entry methods in to the pool recap and development.</li> <li>• Stroke production on front and back. Swimming on and under water.</li> <li>• Technical skills of swimming, biomechanics and mental focus.</li> </ul> <p>Three major strokes:</p>

	<ul style="list-style-type: none"> <li>• Breaking skills down to develop areas of technique to then building to full stroke – isolate areas of a skill.</li> <li>• Using aids</li> <li>• Endurance work.</li> <li>• Competition and challenges.</li> </ul> <p>Developing diving technique. Differentiation by ability.</p> <p><b>Outdoor Education</b> - 'Out and About' – Form teacher outdoor exploration</p>
<p><b>P.S.H.C.Ee</b> Mrs Mundell</p>	<p><b>Becoming an Active Citizen</b> – rules, right and wrong, rights and responsibilities including looking after the environment.</p> <p><b>Keeping Myself Safe</b> – anti-bullying week themed activities, e-safety.</p>
<p><b>Languages</b> Mrs Wulf</p>	<p><b>German:</b> <i>What do German children do on their first ever school day?</i> We will do some research to find out the answer to this question. We will introduce Year 1 to our German puppet friends, Felix and Franzi, who will help us learn/revisit some basic greetings and introductions. Parents can share in their children's learning at home by following Volume I, modules 1&amp;2 using the link: (<a href="http://www.goethe.de/ins/gb/lp/lhr/mat/fuf/enindex.htm">http://www.goethe.de/ins/gb/lp/lhr/mat/fuf/enindex.htm</a>). This term, we will learn about the Brüder Grimm and listen to the traditional German fairy tale, die Bremerstadtmusikanten. Then it will be time to learn about St Martin's Day celebrations in Germany, and once again we will be making lanterns and going on our twilight lantern walk. Finally, we make preparations for St Nikolaus Day as Christmas approaches, and we will hope for a visit from Nikolaus himself!</p> <p><b>French:</b> Minou and Trottine (our much-loved French cat and mouse pair) and their friends, the toys, will be there to greet us at the start of term. Topics will include 'Les Secrets d'automne', highlighting animals that hibernate, as well as Food/Harvest – using a story to introduce simple shopping vocabulary that the children will be able to practise easily. We will also learn vocabulary related to the weather turning colder and the colours/weather of Autumn. As always, there will be a focus on learning through stories, rhymes and songs which the children will be encouraged to share at home. Finally, we will help Minou and Trottine celebrate 'Noël' and learn a Christmas themed song.</p>
<p><b>Computing</b> Mr Roe</p>	<p>Based on "Purple Mash" <b>Unit 1 Coding</b> Main Program – 2Code</p>
<p><b>Music/ Performing Arts</b> Miss Boylan</p>	<p>The children will participate in instrumental and vocal improvisation and composition. They will learn a variety of new songs and rhythms using hand signs, rhythm solmization, flash cards, echo singing/clapping, body signs, picture symbols, musical ladders and musical shorthand/stick notation. They will also learn about the string instruments of the orchestra.</p>