

# Breakfast Menu

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	A selection of fresh bananas, yoghurt, wholegrain cereals, wholegrain toast, porridge and milk						
Hot Breakfast Items	Eggy Bread Baked Beans Grilled Sausages	Poached Egg Grilled Back Bacon Sautéed Mushroom	Scrambled Egg & Smoked Salmon Streaky Bacon	Grilled Sausage, Black Pudding, Baked Beans	Continental Breakfast Cold Meats & Cheese Boiled Eggs	Grilled Bacon Baked Beans Scrambled Eggs	Slow Brunch Breakfast
Breakfast Special	Warm Cheese Scone	Smokey Bean Pot topped with a Poached Egg	Toasted Bagels	Boiled Eggs & Mini Breads	Crepes & Maple Syrup	Hash Browns	Selection of Cured Meats & Cheeses with a selection of Pickles & Breads
Daily Breakfast Items	Porridge & Cereal Toast & Spreads Yoghurt Bar Fresh Fruit Homemade Couli	Porridge & Cereal Toast & Spreads Yoghurt Bar Fresh Fruit Homemade Couli	Porridge & Cereal Toast & Spreads Yoghurt Bar Fresh Fruit Homemade Couli	Porridge & Cereal Toast & Spreads Yoghurt Bar Fresh Fruit Homemade Couli	Porridge & Cereal Toast & Spreads Yoghurt Bar Fresh Fruit Homemade Couli	Porridge & Cereal Toast & Spreads Yoghurt Bar Fresh Fruit Homemade Couli	Blueberry & Oat Muffins
Juice of the Morning	Cherry Yoghurt Smoothie	Banana & Chocolate Milkshake	Apple Juice	Strawberry Milkshake	Green Machine	Carrot & Orange Juice	Freshly Made Juice

# Lunch Menu

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Selection of pulses, seeds, tasty soup toppings & accompaniments						
Gigg Soup	Chick Pea & Coriander	Homemade Vegetable	Leek & Potato	Tomato & Basil	Spicy Cauliflower	Pea & Mint	
Breads	Malted seed loaf	Wholemeal	Cheddar Tear & Share	Herby Loaf	Farmhouse Loaf	Seeded Pumpkin	
Main Dish	Chicken Fillets in a Forester Sauce	Cottage Pie with Onion Thyme Gravy	Beef & Vegetable Stew & Herby Dumplings	Roast Chicken Leg Seasoning & Gravy	Battered Pollock Lemon Wedges & Tartare sauce	Chestnut & Wild Mushroom Carbonara with Pasta	
Main Dish	Spicy Lamb Madras with Rice, Naan & Mint Raita	Stuffed Tortellini with Turkey & Mushrooms	Grilled White Fish with Chermoula & Cous Cous	Giggleswick Meatloaf with BBQ Sauce or Mushroom Sauce	Chicken Tikka Masala, Rice & Mango chutney	Tomato & Chorizo Pasta Bake with Garlic Bread	
Starch	Jacket Potato Chefs Filling	Jacket Potato & Chef Filling	Tomato & Black Olive Pasta Bake	Creamy Spinach & Smoked Salmon Pasta	Jacket Potato Chef's Filling	Jacket Potato Chef's Filling	Pudding, Pork Sausage
Vegetarian Choice	Slow Roasted Tomato, Red Onion & Ricotta Bruschetta	Vegan lentil and Sweet Potato Shepherd's Pie	Mushroom Stroganoff with Vegetable Fried Rice	Courgette, Tomato & Pea Vegetable Biryani	Sweet Potato & Black Bean Burgers in a Bun	Roast Beetroot & Feta Quiche Tarts	Scrambled Eggs with Chives Roasted Vegetable Potato Hash
Sides	Boulangere Potato	Croquette Potatoes	Roast Baby New	Sweet Potato Mash	Chunky chips	Baked Sweet Potato	Back Bacon
Seasonal Vegetables	Sliced Carrot Wilted Garlic Spinach	Roast Cauliflower Broccoli	Puree Carrot & Turnip Green Beans	Wilted greens Cauliflower & Broccoli Cheese	Garden peas Mushy peas Gravy	Mixed Fresh Vegetables	Smoothies
Hot Desserts	Pineapple & Pear Upside Down & Custard	Chocolate Sponge & Chocolate Sauce	Poached Fruit with Vanilla Custard	Sticky Toffee Pudding & Toffee Sauce	Cranberry & Apple Crumble Custard	Chef's Specials	
Cold Pots	Lime Curd Syllabub	Vanilla Pots	Lemon Meringue	Tiramisu	Berry Crunch	Selection of Pots	

# Supper Menu

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>soup</b>	Parsnip & Apple	Turkish Lentil & Mint	Roast Vegetable	Tomato & Five Beans	Creamy Mushroom	Sweetcorn Chowder	Chefs special
<b>Bread</b>	Malted seed loaf	Wholemeal	Cheddar Tear & Share	Herby Loaf	Farmhouse Loaf	Chefs special	Chefs special
<b>street food</b>	Roast Pork with Gremolata & Warm Flat Bread	Sweet & Sour Chicken & Noodles Prawn Crackers	Thai Salmon & Prawn Fishcakes with Mint Yoghurt & Seeded Bun	Smokey Pork Mince & Black Beans with Rice & Taco	Homemade Lamb Kofta with Pitta Breads and Dips	Spicy Beef Pizza	Mini Toad in the Hole & Gravy
<b>Main Dish</b>	Beef Bolognese with Spaghetti & Parmesan	Braised Beef Baguettes, Mustard Gravy & Onions	Chicken & Sweetcorn Pie with Gravy	Honey, Lemon & Thyme Turkey Escalopes	Pork Sausage, Mashed Potato with Yorkshire Puddings & Gravy	Pizza Margarita with Rocket	Roast Turkey & Seasoning Yorkshire Puddings
<b>Vegetarian Choice</b>	Roast Vegetable & Quorn Ragu with Spaghetti	Sweet & Sour Battered Tofu & Vegetables	Baked Butternut Squash & Spinach Encroute	Mushroom, Spinach & Blue Cheese Lasagne	Quorn Sausage with Tomato & Mushroom Gravy	Stuffed Calzone with Roast Vegetables & Garlic	Mixed Veggie Grill, Battered Onion Rings & Field Mushrooms
<b>Sides</b>	Baked Wedges	Herb Dice Potatoes	Chunky Chips	Roast Baby New Potatoes	Herby Cous Cous	French Fries	Thyme Roast Potatoes
<b>Seasonal Vegetables</b>	Sweetcorn, Red Peppers & Mangetout	Stir Fry Greens & Bean Sprouts Batton Carrots	Garden Peas Classic Ratatouille	Broccoli & Carrots	Fresh Mixed Vegetables	Buttered Corn on the Cob Med Vegetables	Roasted Root Vegetables & Shallots
<b>Dessert Pots</b>	Elderflower & Blackberry Fool	Selection of Cake	Chocolate Mousse & Cream	Traffic light Jelly	Tropical Fruit Salad	Waffle Bar with a Selection of Toppings	Lemon Meringue Tarts