



Pastoral Curriculum

Learner Profile	Pro-active	Pro-active	Curious	Curious	Resilient	Resilient	Skilled	Skilled	Aware	Aware	Assured	Assured	Creative			
Week commencing	Weds 5 Sept	Mon 10 Sept	Mon 17 Sept	Mon 24 Sept	Mon 1 Oct	Mon 8 Oct	Mon 15 Oct	Mon 5 Nov	Mon 12 Nov	Mon 19 Nov	Mon 26 Nov	Mon 3 Dec	Mon 10 Dec			
C4L Overarching Theme								Health, wellbeing & safety								
Year/Activity	Activity	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12	Week 13		
7	C4L	Transition to Catteral House		Self-esteem, romance & friendships		Puberty, growing up & feelings			"Re-start a heart" Campaign by British Heart Foundation	Choose Respect; Anti bullying week		Body image & social media		Using Technology Safely (CEOP)		
	Tutorial									Choose Respect; Anti bullying week		Positive ways of dealing with stress and anxiety		Managing Conflict - on and offline		
8	C4L	Managing peer influence		Benefits of not smoking, drinking or engaging in other risky behaviour						Choose Respect; Anti bullying week		Developing resilience online		Forced marriage/ HBV		
	Tutorial									Choose Respect; Anti bullying week		"REALLY" Film. Themes; healthy lifestyles, emotional neglect, self harm, alcohol and teenage pregnancy.				
9	C4L	Is it a drug?		Talk about alcohol, Alcohol Education Trust		Boozed and confused alcohol goggles workshop				CV Writing		Planning for my future		How to apply for jobs		
	Tutorial									Grief Encounters		Why do a PhD?		Choose Respect		
10	C4L	My health and using NHS		"Crossing the line" Self esteem		Managing my feelings about body image				Managing alcohol & drug use workshop		Working at Amnesty		"AM I BREAKING THE LAW?" North Yorkshire Police		
	Tutorial															
11	C4L	Looking at Options Post 16	Benefits of going to University		Benefits of Apprenticeships											
	Tutorial															
12	Lecture series	Intro to lectures	"Banged up abroad" Drug Education by Sandra Gregory	EPQ Presentations	Anthony Nolan Hero Project	Anthony Nolan Sign-up session	Positive digital tattoo									
	Tutorial															
13	Lecture series															
	Tutorial															
Chapel		Morrison		Nowell	Paley	Style		Carr	Shute		Catteral					
Subject Enrichment																

Learner Profile	Resilient	Resilient	Curious	Curious	Passionate	Passionate	Aware	Aware	Pro-active	Pro-active	Creative						
Week commencing	Thurs 10 Jan	Mon 14 Jan	Mon 21 Jan	Mon 28 Jan	Mon 4 Feb	Mon 11 Feb	Mon 25 Feb	Mon 4 Mar	Mon 11 Mar	Mon 18 Mar	Mon 25 Mar						
C4L Overarching Theme						Relationship and sex education						Economic wellbeing					
Year/Activity	Activity	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11					
7	C4L	Making sense of relationships NSPCC		Exploring family life		Managing on-and-offline friendships			Career aspirations and challenging stereotypes		Saving, spending and budgeting our money						
	Tutorial								Risk & consequences making financial decisions		Work and Pay						
8	C4L	Benefits of delaying a sexual relationship		"Alright Charlie" Child Sexual Exploitation		Introduction to contraception			Personal finance and insurance		Entrepreneur Badges using Duke of York Award						
	Tutorial								Understanding the causes & effects of debt		How to be responsible for my own financial security						
9	C4L	"Web of Lies" Graphic novel dealing with CSE, STI's, sexting, consent and sources of help						Revision workshop		HSBC "Your money, your future"		Careers in the RAF		"How to write a personal statement" Andrea Bourne, York University	Promoting resilience to gambling and online scams		
	Tutorial							Unifrog workshop									
10	C4L	Tackling relationship myths and expectations		Consent, communication & contraception using "Do" resources													
	Tutorial																
11	C4L	Managing romantic relationship challenges including break ups		Disrespect Nobody; preventing teenage relationship abuse		Truth about Pornography	Relationship case studies										
	Tutorial																
12	Lecture series	"Lets talk about sex"	What are the benefits of an apprenticeship?	Tackling homophobia, transphobia and sexism	Starting your own business	Honour based violence and forced marriage											
	Tutorial																
13	Lecture series	Trial exams															
	Tutorial																
Chapel																	
Subject Enrichment																	

Learner Profile	Assured	Assured	Skilled	Skilled	Skilled	Passionate	Passionate	Aware	Aware	Resilient					
Week commencing	Weds 24 Apr	Mon 29 Apr	Mon 6 May	Mon 13 May	Mon 20 May	Mon 3 Jun	Mon 10 Jun	Mon 17 Jun	Mon 24 Jun	Mon 1 July					
C4L Overarching Theme						Positive mental health					Citizenship				
Year/Activity	Activity	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10				
7	C4L	Dieting, lifestyle balance and unhealthy coping strategies		Bounce & resilience			Rights & responsibilities in the community		Making ethical financial decisions		No lesson as in France!				
	Tutorial						Tackling age, sex & diversity discrimination		Freedom of speech & the media						
8	C4L	F.O.M.O Fear of missing out riseabove.org.uk		What makes a person mentally & emotionally well?			British values, human rights & community cohesion		Global citizenship						
	Tutorial						Responsible citizenship and Digital Ethics (Citizenship Badge)		Challenging radicalisation & extremism						
9	C4L	Its all in the mind		Resilience and strategies for looking after my own emotional health					Exams						
	Tutorial								Alumni careers talks						
10	C4L	Causes, symptoms, treatments & strategies for managing some mental health issues								Exams					
	Tutorial														
11	C4L	Wellbeing workshop	Strategies for mental wellbeing by the school counsellor	Revision workshop	Suicide Prevention	Tea and talk. Reducing the stigma about mental health									
	Tutorial														
12	Lecture series														
	Tutorial														
13	Lecture series														
	Tutorial														
Chapel															
Subject Enrichment															